



the british  
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promoting excellence in psychology

# one on one



We dip into the Society member database and pick out...

**Kelly Dunn**, Psychologist and Director/ Co-owner of KEYFORT

## One work book

Adrian Furnham's *The Psychology of Behaviour at Work* is my go-to when working through projects with a focus on the individual, the team and the organisation.

## One fiction book

*The Five People You Meet in Heaven* by Mitch Albom – it reminds us to never underestimate the impact we can have on others and our influence on the paths we take in life.

## One person I couldn't do without

My amazing business partner at KEYFORT Emily Dunn, the yin to my yang. We started a small business 15 years ago supporting people with acquired brain injury and neurological conditions. We now provide support to over 500 individuals and their families in the North of England – this includes 24/7 support at home as well as support for people in employment and education. We have an amazing team that have absolutely shone during Covid. I love my job and I am really passionate about making a difference and unlocking potential. Emily and I are very lucky and love supporting people to achieve their goals and aspirations.

## One psychological superpower

Positive mental attitude (PMA). I have had very positive influences in my life including my mother and grandmother, and they've always approached things with a solution-focused PMA.

## One proud moment

Bringing each of our three babies home – they make my husband and I smile every day. I'm also super proud of being part of the Covid-19 Vaccine Team assisting roll out of the vaccine in 2021.

## One passion

Occupational Psychology. I worked in Vocational Rehabilitation for a number of years supporting people with acquired brain injury and this appealed to my interests in Clinical and Neuropsychology. However, overseeing the business allows me to work within a vast array of Occupational Psychology fields including training, leadership, development, wellbeing, recruitment, contracting, organisational change, learning and work design.

## One place

Machu Picchu in Peru. I did the five-day Inca trek when I was in my early twenties, and it was an incredible experience and a reminder that we are tiny beings within a colossal history – one of the best reminders not to sweat the small stuff!

## One song

The Bare Necessities from *The Jungle Book*. I loved this film as a child and it has many life lessons; being curious and inquisitive about things we don't know much about, respecting that a person's strengths can make up for another's weakness when working together, about loyal friendships and most importantly how to live a simple and happy life.

## One nugget of advice

Even the most experienced Psychologists are still learning. Don't be overwhelmed by the experience or qualifications of others especially in the early days.

## One thing about the BPS

There are always opportunities for CPD. I have recently trained as an Assessor for candidates going through the Occupational Psychology Stage Two Qualification at the BPS and I have gained immeasurable experience – both for my own personal development and in assisting the process of new candidates in training. Psychologists are real people – there are some really good changes happening that highlight this at the BPS in recent years. Get involved, use your voice and influence positive change.

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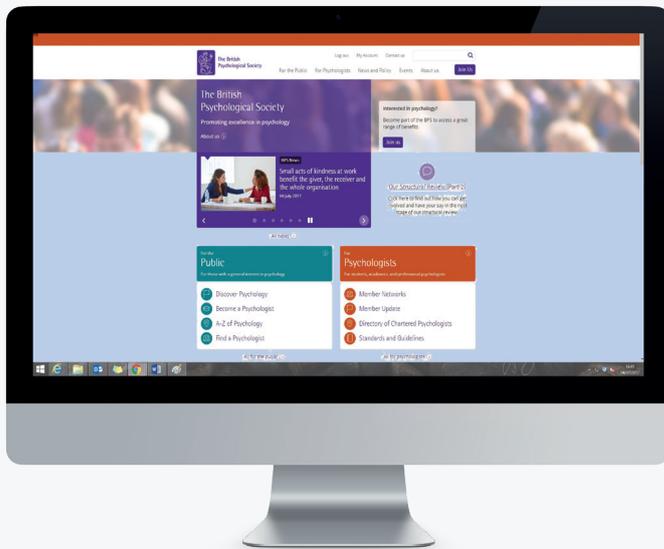
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